Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services



Coverage for: Single/Family| Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>https://unityhealth.com/apps/CertLookup</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.unityhealth.com</u> or call 1-800-362-3310 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	\$1,750 Single/ \$3,500 Family per Benefit Year	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain preventive services without cost-sharing and before you meet your <u>deductible</u> . See a list of covered preventive services at <u>https://www.healthcare.gov/coverage/preventive-carebenefits</u> .
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$3,500 Single/\$7,000 Family per Benefit Year	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, penalties for failure to obtain prior authorization, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.unityhealth.com/findadoctor</u> or call 1-800-362-3310 for a list of <u>network</u>	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an out-of- <u>network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an out-of- <u>network provider</u>

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Questions: Call **1-800-362-3310** or visit us at <u>www.unityhealth.com</u>. If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at <u>www.unityhealth.com/glossary</u> or call **1-800-362-3310** to request a copy.

	providers.	for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to		In- <u>Network</u> : You can see the <u>specialist</u> you choose without a <u>referral</u> . Out-of- <u>Network</u> : This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

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All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What Yoเ	Will Pay	Limitations Evantions 9 Other Important
Common Medical Event	Services You May Need	In Network Provider (You will pay the least)	Out of Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	20% coinsurance after deductible	Not Covered	Charges for e-Visits will apply to your <u>deductible/coinsurance</u> .
	<u>Specialist</u> visit	20% coinsurance after deductible	Not Covered	none
If you visit a health care <u>provider's</u> office or clinic	Other practitioner office visit	Chiro/Adult Vision: 20% <u>coinsurance</u> after <u>deductible</u>	Not Covered	 One (1) Routine Adult Vision exam is covered with no charge. <u>Cost sharing</u> applies to subsequent exams. Benefits are not available for care that is Maintenance and Supportive Care or Longterm Therapy. Glasses/contacts for Adult Routine Vision are not covered.
	Preventive care/screening/ immunization	No charge	Not Covered	Coverage is limited to preventive services as defined by the Affordable Care Act. You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance after deductible	Not Covered	none

0		What You	ı Will Pay	
Common Medical Event	Services You May Need	In Network Provider (You will pay the least)	Out of Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Imaging (CT/PET scans, MRIs)	MRI/MRA: 20% <u>coinsurance</u> after <u>deductible</u> CT: 20% <u>coinsurance</u> after <u>deductible</u> PET: 20% <u>coinsurance</u> after <u>deductible</u>	Not Covered	none
If you need drugs to treat your illness or	Preferred Generics Tier 1	20% coinsurance after deductible	20% <u>coinsurance</u> after <u>deductible</u>	
condition	Preferred Brands Tier 2	20% coinsurance after deductible	20% <u>coinsurance</u> after <u>deductible</u>	
More information about prescription drug coverage is available	Non-Preferred Brands & Generics Tier 3	20% coinsurance after deductible	20% <u>coinsurance</u> after <u>deductible</u>	none
at www.unityhealth.com/d rugformulary	Specialty drugs Tier 4	20% coinsurance after deductible	20% <u>coinsurance</u> after <u>deductible</u>	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance after deductible	Not Covered	Prior authorization may be required. See <u>https://unityhealth.com/members/how-to-get-</u> <u>care/prior-authorization</u> or call Customer
	Physician/surgeon fees	20% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Service for additional information.
lf you need	Emergency room care	20% <u>coinsurance</u> after <u>deductible</u>	20% <u>coinsurance</u> after <u>deductible</u>	none
immediate medical attention	Emergency medical transportation	20% <u>coinsurance</u> after <u>deductible</u>	20% <u>coinsurance</u> after <u>deductible</u>	none
	<u>Urgent care</u>	20% coinsurance after deductible	20% <u>coinsurance</u> after <u>deductible</u>	none
If you have a hospital	Facility fee (e.g., hospital room)	20% coinsurance after deductible	Not Covered	Prior authorization is required. See https://unityhealth.com/members/how-to-get-
stay	Physician/surgeon fees	20% coinsurance after deductible	Not Covered	care/prior-authorization or call Customer Service for additional information.

C ommon	Services You May Need	What You Will Pay		
Common Medical Event		In Network Provider (You will pay the least)	Out of Network Provider (You will pay the most)	 Limitations, Exceptions, & Other Important Information
If you need mental health, behavioral	Outpatient services	20% coinsurance after deductible	Not Covered	Benefits are not available for care that is Maintenance and Supportive Care or Long- term therapy.
health, or substance abuse services	Inpatient services	20% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Prior authorization is required. See <u>https://unityhealth.com/members/how-to-get-</u> <u>care/prior-authorization</u> or call Customer Service for additional information.
	Office visits	20% coinsurance after deductible	Not Covered	Maternity care may include tests and services
	Childbirth/delivery professional services	20% coinsurance after deductible	Not Covered	described elsewhere within this document (i.e. ultrasound).
If you are pregnant	Childbirth/delivery facility services	20% coinsurance after deductible	Not Covered	Prior authorization is required for inpatient services. See <u>https://unityhealth.com/members/how-to-get-</u> <u>care/prior-authorization</u> or call Customer Service for additional information.
lf you need help	Home health care	20% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Coverage is limited to 60 visits per Benefit Year. Prior authorization is required. See <u>https://unityhealth.com/members/how-to-get- care/prior-authorization</u> or call Customer Service for additional information.
recovering or have other special health needs	Rehabilitation services	20% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Coverage for Physical, Speech and Occupational therapy is limited to a combined total of 40 visits per Benefit Year. This limit is shared between Rehabilitation and <u>Habilitation services</u> . Cardiac Rehab is limited to 36 visits per event.

		What You	Will Pay	
Common Medical Event	Services You May Need	In Network Provider (You will pay the least)	Out of Network Provider (You will pay the most)	 Limitations, Exceptions, & Other Important Information
	Habilitation services	20% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Coverage for Physical, Speech and Occupational therapy is limited to a combined total of 40 visits per Benefit Year. This limit is shared between Rehabilitation and <u>Habilitation services</u> . Prior authorization may be required. See <u>https://unityhealth.com/members/how-to-get- care/prior-authorization</u> or call Customer Service for additional information.
	Skilled nursing care	20% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Coverage limited to 90 days per confinement. This benefit is combined with the Swing Bed Care benefit. Prior authorization is required. See <u>https://unityhealth.com/members/how-to-get- care/prior-authorization</u> or call Customer Service for additional information.
	<u>Durable medical</u> equipment	20% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Coverage for Foot Orthotics: Limited to one pair per Benefit Year. Hearing Aids: Limited to one per ear every 36 months. To obtain the list of covered hearing aid models log onto <u>unityhealth.com/hearingaids</u> or contact Customer Service. Prior authorization may be required. See <u>https://unityhealth.com/members/how-to-get- care/prior-authorization</u> or call Customer Service for additional information.

		What You Will Pay		Limitations Francisco 8 Other Investore
Common Medical Event	Services You May Need	In Network Provider (You will pay the least)	Out of Network Provider (You will pay the most)	 Limitations, Exceptions, & Other Important Information
	Hospice services	20% <u>coinsurance</u> after <u>deductible</u>	Not Covered	 Prior authorization is required. See <u>https://unityhealth.com/members/how-to-get-care/prior-authorization</u> or call Customer Service for additional information. Hospice coverage excludes room and board charges in a Skilled Nursing Facility.
	Children's eye exam	No charge	Not Covered	Limited to one exam per Benefit Year.
If your child needs	Children's glasses	Not Covered	Not Covered	none
dental or eye care	Children's dental check- up	Not Covered	Not Covered	none
Excluded Services & Other Covered Services:				
Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)				

• Acupuncture• Infertility treatment• Private-duty nursing• Cosmetic surgery• Long-term care• Routine foot care• Dental care (Adult)• Non-emergency care when traveling outside the U.S.• Weight loss programs		-		·
	Cosmetic surgery		Long-term care	Routine foot care

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

Bariatric surgeryChiropractic care

Hearing aids
Routine eye care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Wisconsin Office of the Commissioner of Insurance at 1-800-236-8517, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596. Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or for assistance, contact: Office of the Commissioner of Insurance, Complaints Department, PO Box 7873, Madison, WI 53707-7873, or if coverage is under a group health plan the Employee Benefits Security Administration at 1-866-444-EBSA (3272).

Does this Plan Provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this Coverage Meet the Minimum Value Standard? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-362-3310 or 1-800-877-8973 (TTY). Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-362-3310 or 1-800-877-8973 (TTY) Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-362-3310 or 1-800-877-8973 (TTY) Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-362-3310 or 1-800-877-8973 (TTY)

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Di (a year of routine in-network care of a condition)	
The plan's overall deductible\$1,750Specialist copaymentDeductibleHospital (facility) coinsurance20%Other coinsurance20%		 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$ Dedu

This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,731
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In this example, Peg would pay:

Cost Sharing			
Deductibles	\$1,800		
Copayments	\$0		
Coinsurance	\$1,800		
What isn't covered			
Limits or exclusions	\$10		
The total Peg would pay is	\$3,610		

(a year of routine in-network care of condition)	a well-controlled
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$1,750 Deductible 20% 20%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)

Total Example Cost	\$7,389

In this example, Joe would pay:

Cost Sharing		
Deductibles*	\$1,800	
Copayments	\$0	
Coinsurance	\$1,100	
What isn't covered		
Limits or exclusions	\$0	
The total Joe would pay is	\$2,900	

Mia's Simple Fractu (in-network emergency room visit a care)		
	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> 	\$1,750 Deductible 20%
	Other coinsurance	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (*x-ray*) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$1,925
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In this example. Mia would pay:

Cost Sharing	
Deductibles*	\$1,800
Copayments	\$0
Coinsurance	\$40
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,840



Quartz is the brand name for a group of companies

Corporation, Physicians Plus Insurance Corporation,

In this notice "we" refers to all Quartz companies.

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language other than English, call (800) 362-3310

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Qualified sign language interpreters

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orientation or health status.

and a Customer Service representative will assist you.

national origin, age, disability, sex, gender identity, sexual

disabilities to communicate effectively with us, such as -

 Written information in other formats (large print, audio, accessible electronic formats, other formats)

committed to your health: Unity Health Plans Insurance

Gundersen Health Plan. Inc., and Gundersen Health Plan

Minnesota. These companies are separate legal entities.







Non-Discrimination & Language Access

We provide free language services to people whose primary language is not English, such as –

- Qualified interpreter
- Information written in other languages

If you need these services, contact Customer Service at (800) 362-3310.

If you believe we failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex you can file a grievance with –

Kristie Meier, Compliance Officer 840 Carolina Street Sauk City, WI 53583 Phone: (800) 362-3310 TTY / TDD: 711 or toll free (800) 877-8973 Fax: (608) 644-3500 Email: AppealsSpecialists@quartzbenefits.com You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, Kristie Meier, Compliance Officer, is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at ocrportal.hhs.gov/ocr/ portal/lobby.jsf or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue SW Room 509F, HHH Building Washington, D.C. 20201 (800) 368-1019; (800) 537-7697 (TDD)

Complaint forms are available at hhs.gov/ocr/office/file/ index.html

Quartz is a Qualified Health Plan issuer in the Health Insurance Marketplace in certain states. To learn more, visit the Health Insurance Marketplace at Healthcare.gov.

For help to translate or understand this, please call (800) 362-3310, TTY / TDD: 711 / (800) 877-8973.

Spanish – Este aviso contiene información importante. Este aviso contiene información importante acerca de su solicitud o cobertura a través de Quartz. Preste atención a las fechas clave que contiene este aviso. Es posible que deba tomar alguna medida antes de determinadas fechas para mantener su cobertura médica u obtener ayuda con los costos. Usted tiene derecho a recibir esta información y ayuda en su idioma sin costo alguno. Llame al (800) 362-3310. TTY / TDD: 711 / (800) 877-8973.

Hmong – Tsab ntawy tshaj xo no muaj cov ntshiab lus tseem ceeb. Tsab ntawy tshaj xo no muaj cov ntsiab lus tseem ceeb txog koj daim ntawy thov kev pab los yog cov kev pab kam them nqi kho mob los ntawm Quartz. Saib cov caij nyoog ceeb hauv daim ntawy no. Tej zaum koj kuj yuav tau ua qee yam kom tsis pub dhau cov caij nyoog koj thiaj yuav tau txais kev pab kam them nqi kho mob los yog kev pab them tej nqi kho mob. Koj muaj cai tau cov ntshiab lus no thiab tau kev pab ua koj hom lus pub dawb rau koj. Hu rau (800) 362-3310. TTY / TDD: 711 / (800) 877-8973. Vietnamese – Thông báo này cung cấp thông tin quan trọng. Thông báo này có thông tin quan trọng bàn về đơn nộp hoặc hợp đồng bảo hiểm qua chương trình Quartz. Xin xem ngày then chốt trong thông báo này. Quý vị có thể phải thực hiện theo thông báo đúng trong thời hạn để duy trì bảo hiểm sức khỏe hoặc được trợ trúp thêm về chi phí. Quý vị có quyền được biết thông tin này và được trợ giúp bằng ngôn ngữ của mình miễn phí. Xin gọi số (800) 362–3310. TTY / TDD: 711 / (800) 877–8973.

Chinese - 本通知含有重要的訊息。本通知包含了關于 您通過 Quartz 提交之申請或保險責任範圍的重要訊 息。請留意本通知內的重要日期。您可能需要在若幹 截止日期之前采取行動,以維持您的健康保險責任範 圍或者費用補貼。您有權利免費獲得以您母語撰寫的 本訊息和各種幫助。請致電 (800) 362-3310。聾啞人 電話:711/(800) 877-8973.。 Russian – Настоящее уведомление содержит важную информацию. Это уведомление содержит важную информацию о вашем заявлении или страховом покрытии через Quartz. Посмотрите на ключевые даты в настоящем уведомлении. Вам, возможно, потребуется принять меры к определенным предельным срокам для сохранения страхового покрытия или помощи с расходами. Вы имеете право на бесплатное получение этой информации и помощь на вашем языке. Звоните по телефону (800) 362-3310. TTY / TDD: 711 / (800) 877-8973.

Laotian – ແຈ້ງການນີ້ມີຂໍ້ມູນສຳຄັນ.ແຈ້ງການນີ້ມີຂໍ້ມູນ ທີ່ສຳຄັນກ່ຽວກັບການສະໝັກຂໍ ຫຼື ການຄຸ້ມຄອງຂອງທານ ໂດຍຜານ Quartz. ໃຫ້ເບິ່ງກຳນົດວັນທີ່ສຳຄັນຢູ່ໃນແຈ້ງກ ານນີ້. ທ່ານອາດຈະຕ້ອງໄດ້ໃຊ້ເວລາດຳເນີນການຕາມກຳ ນົດເວລາທີ່ແນນອນ ເພື່ອຮັກສາການຄຸ້ມຄອງຂອງທ່ານ ຫຼື ການຊ່ວຍເຫຼືອທີ່ມີຄາໃຊ້ຈ່າຍ. ທ່ານມີສິດໄດ້ຮັບຂໍ້ມູນຂ່າວສານ ແລະ ການຊ່ວຍເຫຼືອເປັນພາສາຂອງທ່ານ ໂດຍບໍ່ເສຍຄ່າໃຊ້ຈາຍໃດໆ. ໃຫ້ໂຫຫາເບີ (800) 362-3310. TTY / TDD: 711 / (800) 877-8973. **German** – Diese Benachrichtigung enthält wichtige Informationen. Diese Benachrichtigung enthält wichtige Informationen bezüglich Ihres Antrags oder Ihres Krankenversicherungsschutz durch Quartz. Suchen Sie nach wichtigen Terminen in dieser Benachrichtigung. Sie könnten bis zu bestimmten Stichtagen handeln müssen, um Ihren Krankenversicherungsschutz oder Hilfe mit den Kosten zu erhalten. Sie haben das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Rufen Sie an unter (800) 362-3310. TTY / TDD: 711 / (800) 877-8973.

بخصوص طلبك للحصول على التغطية من خلال Quartz. - Ouartz. . يحوي هذا الاشعار معلومات هامة. يحوي هذا الاشعار معلومات مهمة معينة للحفاظ على تغطيتك الصحية أو للمساعدة في دفع التكاليف الهامة في هذا الاشعار. قد تحتاج لاتخاذ اجراء في تواريخ 1087-8973 (800) / TTD: 711 ابحث عن التواريخ المساعدة بلغتك من دون أي تكلفة. اتصل ب 362-331 (800). لك الحق في الحصول على المعلومات و

French – Cet avis contient des informations importantes. Cet avis contient des informations importantes concernant votre demande ou sur la prise en charge par Quartz. Rechercher les dates importantes sur le présent avis. Il se peut qu'une action de votre part soit nécessaire avant une certaine date afin de conserver votre couverture santé ou votre aide sur les frais. Vous avez le droit d'obtenir gratuitement ces informations et une assistance dans votre langue. Appelez le (800) 362-3310. TTY / TDD: 711 / (800) 877-8973. Korean - 본 통지서에는 중요한 정보가 들어 있습니다. 본 통지서에는 귀하의 신청 또는 Quartz를 통한 보험보장에 관한 중요한 정보가 들어 있습니다. 본 통지서에 나와있는 중요한 날짜를 찾아보십시오. 귀하는 귀하의 건강 보험보장을 유지하기 위해 특정 마감일까지 조치를 취해야 할 수도 있거나, 비용에 관한 도움이 필요할 수도 있습니다. 귀하는 귀하가 사용하는 언어로 이러한 정보와 도움을 무료로 받을 권리가 있습니다. (800) 362-3310 번으로 전화하십시오. TTY / TDD: 711 / (800) 877-8973.

Tagalog – Ang Abisong ito ay may Importanteng Impormasyon. Ang abisong ito ay may importanteng impormasyon tungkol sa aplikasyon o proteksiyon mo sa pamamagitan ng Quartz. Hanapin ang mga pangunahing petsa na nasa abisong ito. Maaaring kailangan mong kumilos bago sumapit ang ilang takdang araw para mapanatili ang proteksiyon ng kalusugan mo o para makatulong sa mga gastusin. Karapatan mong makuha ang impormasyon na ito na nasa wika mo nang walang gastos. Tumawag sa numerong (800) 362-3310. TTY / TDD: 711 / (800) 877-8973.

Pennsylvanian Dutch – Die Bekanntmaching gebt wichdichi Auskunft. Die Bekanntmaching gebt wichdichi Auskunft baut dei Application oder Coverage mit Quartz. Geb Acht fer wichdiche Daadem in die Bekanntmachung. Es iss meeglich, ass du ebbes duh muscht, an beschtimmde Deadlines, so ass du dei Health Coverage bhalde kannscht, odder bezaahle helfe kannscht. Du hoscht es Recht fer die Information un Hilf in deinre eegne Schprooch griege, un die Hilf koschtet nix. Wann du mit me Interpreter schwetze witt, kannscht du (800) 362-3310 uffrufe. TTY / TDD: 711 / (800) 877-8973. Polish – To zawiadomienie zawiera ważne informacje. To zawiadomienie zawiera ważne informacje dotyczące Państwa wniosku lub zakresu ubezpieczenia w Quartz. Proszę zwrócić uwagę na ważne daty podane w zawiadomieniu. Mogą to być terminy dokonania określonych czynności koniecznych do zachowania ubezpieczenia zdrowotnego lub uzyskania pomocy związanej z kosztami. Mają Państwo prawo do otrzymania tej informacji oraz uzyskania pomocy bezpłatnie w swoim języku. Proszę dzwonić pod numer: (800) 362–3310. TTY / TDD: 711 / (800) 877–8973.

Hindi – इस नोटिस में महत्वपूर्ण जानकारी है। इस नोटिस में आपके आवेदन या Quartz के माध्यम से बीमे के कवरेज बारे में महत्वपूर्ण जानकारी है। इस नोटिस में मुख्य तारीखें देखें। अपना स्वास्थ्य बीमा बनाए रखने या कीमत चुकाकर सहायता प्राप्त करने के लिए आपको कुछ निश्चित समयसीमा तक कार्रवाई करने की ज़रूरत हो सकती है। आपको कोई कीमत चुकाए बिना यह जानकारी और सहायता अपनी भाषा में प्राप्त करने का अधिकार है। कॉल करें 800) 362-3310। TTY / TDD: 711 / (800) 877-8973.

Albanian – Ky njoftim përmban informacion të rëndësishëm. Ky njoftim përmban informacion të rëndësishëm për aplikimin ose mbulimin tuaj nëpërmjet Quartz. Kontrolloni për data të rëndësishme në këtë njoftim. Mund t'ju duhet të ndërmerrni veprim brenda afatave të caktuara për të mbajtur mbulimin tuaj shëndetësor ose për ndihmën me koston. Keni të drejtë ta merrni këtë informacion dhe ndihmë falas në gjuhën tuaj. Telefononi numrin (800) 362-3310. TTY / TDD: 711 / (800) 877-8973.

Cushite - Oroomiffa XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa (800) 362-3310. TTY / TDD: 711 / (800) 877-8973.

Amharic - ማስታወሻ: የሚናንሩት ቋንቋ ኣማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያማዝዎት ተዘጋጀተዋል፡ ወደ ሚከተለው ቁጥር ይደውሉ (800) 362-3310. (መስማት ለተሳናቸው: 711 / (800) 877-8973).

Karen – ဟ်သူဉ်ဟ်သး– နမ္နာ်ကတိ၊ ကညီ ကျိဉ်အယိ, နမာန္ခ၊ ကျိဉ်အတာ်မာစားလ၊ တလာဉ်ဘူဉ်လာဉ်စု၊ နီတမံးဘဉ်သုန္ဒဉ်လီ၊. ကိုး (800) 362-3310.TTY / TDD: 711 / (800) 877-8973.

Mon-Khmer, Cambodian – ប្រយ័ក្ន៖ បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, សេវាជ់នួយផ្នែកភាសា ដោយមិនគិតឈូល គឺអាចមានសំរាប់ប់រើអ្នក។ ចូរ ទូរស័ព្ទ (800) 362-3310. TTY / TDD: 711 / (800) 877-8973.

Serbocroatian – OBAVJEŠTENJE: Ako govorite srpskohrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite (800) 362-3310 TTY- Telefon za osobe sa oštećenim govorom ili sluhom: 711 / (800) 877-8973.

Thai – เรียน: ถา้ คุณพดู ภาษาไทยคุณสามารถใชบ้ ริการช่วยเหลือทางภาษาไดฟ้ รี โทร (800) 362-3310. TTY / TDD: 711 / (800) 877-8973.

Gujarati – સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહ્ય સેવાઓ તમારા માટે ઉપલબ્ધ છે. છેન કરો (800) 362-3310. TTY / TDD: 711 / (800) 877-8973.

Urdu - خبردار: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں ۔ کال کریں Urdu - فت میں دستیاب ہیں ۔ کال کریں Urdu - فت میں دستیاب ہیں ۔ کال کریں ال

Italian - ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero (800) 362-3310. TTY / TDD: 711 / (800) 877-8973.

Greek - ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε (800) 362-3310. TTY / TDD: 711 / (800) 877-8973.