

## Health & Dental Insurance Deductions 2023-24

TEACHERS & ADMIN			
	Premier	Explore	Simply One
<b>Single</b>	\$ 62.06	\$ 64.79	\$0.00
<b>Family</b>	\$ 140.25	\$ 146.42	\$0.00

*Deductions are per paycheck (24 pays) & start 7/15/23  
pay 12.6% for 12 months divided over 24 pays*

12-MONTH SUPPORT STAFF			
	Premier	Explore	Simply One
<b>Single</b>	\$ 49.25	\$ 51.42	\$0.00
<b>Family</b>	\$ 111.31	\$ 116.21	\$0.00

*Deductions are per paycheck (24 pays) & start 7/15/23  
pay 10% for 12 months divided over 24 pays*

9-MONTH SUPPORT STAFF			
	Premier	Explore	Simply One
<b>Single</b>	\$ 213.42	\$ 222.82	\$ 130.66
<b>Family</b>	\$ 482.34	\$ 503.56	\$ 295.30

*Deductions are per paycheck (18 pays) & start 9/30/23  
pay 10% for 9 months & 100% 3 months divided over 18 pays*

10-MONTH SUPPORT STAFF			
	Premier	Explore	Simply One
<b>Single</b>	\$ 147.75	\$ 154.26	\$ 78.40
<b>Family</b>	\$ 333.93	\$ 348.62	\$ 177.18

*Deductions are per paycheck (20 pays) & start 9/15/23  
pay 10% for 10 months & 100% 2 months divided over 20 pays*

Dental Insurance Deductions (12.6% & 5%)			
	Single	Family	# Pays
Teacher	\$ 2.64	\$ 7.54	24
9-month	\$ 8.05	\$ 22.92	18
10-month S.S.	\$ 5.25	\$ 14.95	20
12-month S.S.	\$ 1.05	\$ 2.99	24

Health Savings Account (HSA) Contribution		
Single	\$ 1,500.00	
Family	\$ 3,000.00	

*Half deposited in July and half in January*

*\*Deductions and Benefits are based on full time employment and are pro-rated for those working less than full time*

### NOTES:

Health Insurance: *choice of* Simply One, Premier or Explore plan

Simply One= Marshfield Clinic/Hospital ONLY

Premier= Marshfield, Mayo, Aspirus & others

Explore= Premier providers + Gundersen

*\*\*see the Open Enrollment presentation recording for details on the plan options*

**Schedule of Benefits – HMO Premier**

**Group - 131209 - SCHOOL DISTRICT OF ALMA CENTER-HUMBIRD-MERRILLAN**



Promises kept, plain and simple.®

**Benefit Year: January 1st through December 31st**

**Effective Date: 07/01/2023**

Security Health Plan certifies that you and any covered dependents have coverage as described in your Certificate and Schedule of Benefits as of the effective date shown on the letter you received with your identification cards, subject to the terms, conditions, exclusions, limitations and all other provisions of the group policy.

This Schedule shows your specific cost-sharing, as well as any additional benefits, limitations or exclusions not shown in your Certificate. It also provides a very general summary of your benefits for certain types of services; **you will need to read it in conjunction with your Certificate for details about your coverage.** Benefits are calculated according to the benefit year shown above. **NOTE: All services must be received from affiliated providers, except as otherwise described in the Certificate.**

<b>Your Responsibilities</b>	
<p><b>Deductible</b> This plan is intended to qualify as a high deductible health plan that may be paired with a health savings account; however, you should check with your tax advisor for guidance on your particular situation.</p>	<p>\$3,000 per individual \$6,000 per family</p> <p>The family deductible can be met by any combination of members within a family. If one family member meets the individual deductible, the deductible is satisfied for his or her claims. The maximum deductible is equal to the family deductible.</p>
<p><b>Annual out-of-pocket</b> (Deductible, coinsurance &amp; copayments)</p>	<p>\$4,000 per individual \$8,000 per family</p> <p>The family annual out of pocket can be met by any combination of members within a family. If one family member meets the individual annual out of pocket, the annual out of pocket is satisfied for his or her claims. The maximum annual out of pocket is equal to the family annual out of pocket.</p>
<p><b>Dependent wrap coverage</b> In addition to the benefits described in the Follow-up Care section of the Certificate, dependents living outside of the service area are provided benefits for covered services from non-affiliated providers.</p>	<p>Such coverage shall be provided at the in network level of benefits.</p>

<b>Your Benefits</b>	
<b>Ambulance services</b>	Subject to deductible
<b>Anesthesia services</b>	Subject to deductible

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<b>Your Benefits</b>	
<b>Breast cancer (BRCA 1 &amp; 2) gene screening</b> ~Requires prior authorization	Covered at 100%  (Limited to 1 visit per lifetime)
<b>Care my way</b>	Covered at 100%
<b>Chiropractic services</b>	Subject to deductible
<b>Dry needling</b>	Subject to deductible  (Limited to 20 visits per individual per calendar year)
<b>Durable medical equipment and medical supplies</b> ~Requires prior authorization	Subject to deductible
<b>Emergency services</b>	
• <b>Emergency room facility</b>	Subject to deductible
• <b>Other emergency services</b>	Subject to deductible
<b>Habilitative therapy</b>	
• <b>Occupational therapy</b> ~Requires prior authorization	Subject to deductible
• <b>Physical therapy</b> ~Requires prior authorization	Subject to deductible
• <b>Speech therapy</b> ~Requires prior authorization	Subject to deductible
<b>Hearing examinations</b>	Subject to deductible
<b>Home health care</b> ~Requires prior authorization	Subject to deductible  (Limited to 40 visits per individual per calendar year)
<b>Hospice care</b>	Subject to deductible
<b>Hospital services</b>	
• <b>Inpatient hospital services</b> (Including semi-private or special care room, operating room, ancillary services and supplies)	Subject to deductible
• <b>Inpatient mental health and substance use disorder services</b>	Subject to deductible
• <b>Outpatient hospital and surgical services</b> (not including emergency room)	Subject to deductible
• <b>Physician hospital services</b>	Subject to deductible

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<b>Your Benefits</b>	
<ul style="list-style-type: none"> <li>• <b>Other hospital services</b></li> </ul>	Subject to deductible
<b>Infusion therapy</b>	
<ul style="list-style-type: none"> <li>• <b>Home infusion services</b> (when medically appropriate and provider available)</li> </ul>	Subject to deductible
<ul style="list-style-type: none"> <li>• <b>Outpatient services</b></li> </ul>	Subject to deductible
<b>Maternity services</b>	
<ul style="list-style-type: none"> <li>• <b>Hospital services</b></li> </ul>	Subject to deductible
<ul style="list-style-type: none"> <li>• <b>Physician services</b></li> </ul>	Subject to deductible
<b>Mental health and substance use disorder services</b>	
<ul style="list-style-type: none"> <li>• <b>Outpatient care</b></li> </ul>	Subject to deductible
<ul style="list-style-type: none"> <li>• <b>Transitional care</b></li> </ul>	Subject to deductible
<b>Nutritional counseling</b>	Subject to deductible
<b>Outpatient laboratory services</b>	Subject to deductible
<b>Outpatient radiology services</b>	Subject to deductible
<b>Physician services</b>	
<ul style="list-style-type: none"> <li>• <b>Office visits</b></li> </ul>	Subject to deductible  (Preventive exams covered at 100%)
<ul style="list-style-type: none"> <li>• <b>Office visits with primary care physician (PCP)</b></li> </ul>	Subject to deductible  (Preventive exams covered at 100%)
<ul style="list-style-type: none"> <li>• <b>Office visits with specialist</b></li> </ul>	Subject to deductible
<ul style="list-style-type: none"> <li>• <b>Other physician services in an office</b></li> </ul>	Subject to deductible  (Preventive immunizations covered at 100%)

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<b>Your Benefits</b>	
<b>Preventive care services</b> Please refer to Security Health Plan's Preventive Service Guidelines at <a href="http://www.securityhealth.org/preventive">www.securityhealth.org/preventive</a> for service frequency recommendations or contact us at 1-800-472-2363.	
<ul style="list-style-type: none"> <li>● <b>Wellness visit</b>                (comprehensive physical examination)               <ul style="list-style-type: none"> <li>○ Well-baby care</li> <li>○ Well-child care</li> <li>○ Well-adolescent care</li> <li>○ Well-adult care</li> <li>○ Interpersonal and domestic violence screening</li> <li>○ Nutritional screening</li> <li>○ Screening and counseling for sexually transmitted infections</li> </ul> </li> </ul>	Covered at 100%
<ul style="list-style-type: none"> <li>● <b>Abdominal aortic aneurysm (ultrasound) screening</b>                (age 65 thru 75)</li> </ul>	Covered at 100%  (Limited to 1 visit per lifetime)
<ul style="list-style-type: none"> <li>● <b>Breast feeding support and counseling</b></li> </ul>	Covered at 100%
<ul style="list-style-type: none"> <li>● <b>Cervical cancer screenings</b>                (age 21 thru 65)</li> </ul>	
<ul style="list-style-type: none"> <li>○ Human papillomavirus DNA screening (HPV)</li> </ul>	1 every five years then subject to deductible
<ul style="list-style-type: none"> <li>○ Pap smear screening</li> </ul>	1 every three years then subject to deductible
<ul style="list-style-type: none"> <li>● <b>Chlamydia screening</b></li> </ul>	1 per calendar year then subject to deductible
<ul style="list-style-type: none"> <li>● <b>Colorectal cancer screenings</b></li> </ul>	
<ul style="list-style-type: none"> <li>○ Colonoscopy screening                (age 45 and older)</li> </ul>	1 every five years then subject to deductible
<ul style="list-style-type: none"> <li>○ Colonoscopy screening for personal or family history of polyps or colorectal cancer</li> </ul>	1 every two years then subject to deductible
<ul style="list-style-type: none"> <li>○ Sigmoidoscopy screening                (age 45 and older)</li> </ul>	1 every five years then subject to deductible
<ul style="list-style-type: none"> <li>○ Sigmoidoscopy screening for personal or family history of polyps or colorectal cancer</li> </ul>	1 every two years then subject to deductible
<ul style="list-style-type: none"> <li>○ Other colorectal cancer screenings                ~Fecal occult blood testing                (age 45 and older)</li> </ul>	1 per calendar year then subject to deductible

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Your Benefits	
<ul style="list-style-type: none"> <li>• <b>Gynecological examination</b> (breast exam and pelvic exam)</li> </ul>	1 per calendar year then subject to deductible
<ul style="list-style-type: none"> <li>• <b>Hearing screening</b> (under age 22)</li> </ul>	1 per calendar year then subject to deductible
<ul style="list-style-type: none"> <li>• <b>Immunizations and vaccinations</b> (including those needed for travel)</li> </ul>	Covered at 100%
<ul style="list-style-type: none"> <li>• <b>Laboratory screening services</b> For a complete list of screening laboratory services and frequency recommendations please refer to Security Health Plan's Preventive Service Guidelines at <a href="http://www.securityhealth.org/preventive">www.securityhealth.org/preventive</a> or contact us at 1-800-472-2363.</li> </ul>	
<ul style="list-style-type: none"> <li>○ Cholesterol screening (age 40 thru 75)</li> </ul>	1 per calendar year then subject to deductible
<ul style="list-style-type: none"> <li>○ Diabetes screening (glucose/blood sugar)</li> </ul>	1 per calendar year then subject to deductible
<ul style="list-style-type: none"> <li>○ Hemoglobin (A1C) (diabetics)</li> </ul>	2 per calendar year then subject to deductible
<ul style="list-style-type: none"> <li>○ Lead screening (age 1 thru 6)</li> </ul>	1 per calendar year then subject to deductible
<ul style="list-style-type: none"> <li>• <b>Mammogram to screen for breast cancer</b> (includes 2D and 3D imaging)</li> </ul>	1 per calendar year then subject to deductible
<ul style="list-style-type: none"> <li>• <b>Osteoporosis screening</b> Bone mineral density (dexa scan)</li> </ul>	1 every two years then subject to deductible
<ul style="list-style-type: none"> <li>• <b>Prostate cancer screenings</b></li> </ul>	
<ul style="list-style-type: none"> <li>○ Digital examination</li> </ul>	Subject to deductible
<ul style="list-style-type: none"> <li>○ Prostate specific antigen test (PSA) (age 55 thru 69)</li> </ul>	1 per calendar year then subject to deductible
<ul style="list-style-type: none"> <li>• <b>Vision screenings</b></li> </ul>	
<ul style="list-style-type: none"> <li>○ Comprehensive pediatric/adolescent vision examination (under age 19)</li> </ul>	1 per calendar year then subject to deductible
<ul style="list-style-type: none"> <li>○ Visual impairment screening (age 1 thru 5)</li> </ul>	1 per calendar year then subject to deductible

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<b>Your Benefits</b>	
<b>Rehabilitative therapy</b>	
<ul style="list-style-type: none"> <li>• <b>Occupational therapy</b> ~Requires prior authorization</li> </ul>	Subject to deductible
<ul style="list-style-type: none"> <li>• <b>Physical therapy</b> ~Requires prior authorization</li> </ul>	Subject to deductible
<ul style="list-style-type: none"> <li>• <b>Speech therapy</b> ~Requires prior authorization</li> </ul>	Subject to deductible
<b>Skilled nursing facility</b> ~Requires prior authorization	Subject to deductible  (Limited to 30 days per individual per confinement)
<b>Surgical services</b>	Subject to deductible
<b>Temporomandibular joint disorders or TMJ non-surgical treatment</b> ~Requires prior authorization	Subject to deductible  (Limited to 4 physical/occupational visits for diagnosis of TMJ per year)
<b>Transplant services</b> ~Requires prior authorization	Subject to deductible
<b>Urgent care services</b>	
<ul style="list-style-type: none"> <li>• <b>Urgent care office visits</b></li> </ul>	Subject to deductible
<ul style="list-style-type: none"> <li>• <b>Other urgent care services</b></li> </ul>	Subject to deductible
<b>Vision examinations</b>	
<ul style="list-style-type: none"> <li>• <b>Comprehensive preventive adult</b> (age 19 and older)</li> </ul>	Subject to deductible
<ul style="list-style-type: none"> <li>• <b>Diagnostic</b></li> </ul>	Subject to deductible

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Pharmacy	
<ul style="list-style-type: none"> <li>• 100% coverage for preventive prescription drugs (not subject to deductible). Please refer to the Preventive Medication List for a list of covered products.</li> <li>• Up to 30 days worth of prescription drugs constitutes a 1-month supply. For most maintenance prescription drugs you may receive up to a 90-day supply and if applicable, 3 copayments and/or coinsurance and/or deductible will be assessed.</li> <li>• Pharmacy mail service may supply maintenance prescription drugs in a 90-day supply and if applicable, 2 copayments and/or coinsurance and/or deductible will be assessed.</li> <li>• 100% coverage for smoking cessation products, limited to 180 days per year.</li> <li>• The use of a specialty pharmacy may be required for select prescription drugs, as indicated in the Formulary Guide.</li> <li>• Prescription drugs may require prior authorization.</li> <li>• Please refer to our website at <a href="http://www.securityhealth.org/prescription-tools">www.securityhealth.org/prescription-tools</a> for the most up-to-date prescription drug lists.</li> <li>• Eligible subscribers will receive a quarterly over-the-counter (OTC) credit.             <ul style="list-style-type: none"> <li>○ Please refer to <a href="http://www.securityhealth.org/OTC">www.securityhealth.org/OTC</a> or call 1-877-216-8533 for benefit information and list of products.</li> </ul> </li> </ul>	<p>Subject to deductible.</p> <p>After deductible, the following copayments and/or coinsurance apply to covered prescription drugs until the maximum out-of-pocket is met.</p> <p>\$10 copayment per tier 1 prescription or refill.</p> <p>\$30 copayment per tier 2 prescription or refill.</p> <p>\$60 copayment per tier 3 prescription or refill.</p> <p>25% coinsurance per tier 4 prescription or refill (specialty prescription drugs).</p> <p>Deductible, copayments and coinsurance may apply to the max out of pocket amounts.</p> <p>If the member receives the brand name prescription drug where a generic is available, the member must pay the applicable copayment/coinsurance plus the ancillary charge. The ancillary charge is the cost difference between the brand name prescription drug and the generic prescription drug. The ancillary charge will not count towards the prescription out-of-pocket limit.</p>

Dependent Coverage
<p>Dependent children are covered from birth through the end of the month they attain the age of 26.</p> <p>In addition, a child who meets the criteria above and is a full-time student as defined in this policy has an extension past age 26, if the child was called to federal active duty in the National Guard or in reserve component of the U.S. armed forces while the child was under age 27 and attending, on a full-time basis, an institution of higher learning. Such extension ends on the date described in the full-time student definition in the policy and any previous amendments.</p>



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**Prior Authorization**

The following services require you to obtain prior authorization before receiving the service. Your health care provider can start the prior authorization process by downloading a printable Prior Authorization Form at [www.securityhealth.org/authorization](http://www.securityhealth.org/authorization) or contact us at 1-800-548-1224.

**Medical services**

- Air ambulance transport (non-emergent)
- Amino acid formula
- Cardiac catheterization as an outpatient procedure
- Clinical trials
- Cosmetic and reconstructive surgery such as, but not limited to: abdominoplasty, breast augmentation not related to cancer diagnosis, rhinoplasty
- Elective inpatient Admission including medical (acute and behavioral health) and surgical
- Elective outpatient procedures such as, but not limited to: autologous cultured chondrocyte implantation, femoro-acetabular surgery for hip impingement syndrome, knee arthroscopy, back surgeries at all levels
- Gender reassignment
- Genetic testing
- Home health care including but not limited to skilled nursing, physical therapy, occupational therapy, speech therapy
- Infuse bone graft
- Interventional pain management services
- Non-network provider request
- Non-emergent ambulance transport
- Outpatient therapy treatment (occupational therapy, physical therapy, speech therapy)
- Post-acute care admission including swing bed
- Procedures, devices or drugs not commonly accepted as standard of care
- Procedures normally done as an outpatient procedure when requested in an inpatient setting
- Skin substitutes
- Sleep Study
- Spinal cord stimulation
- Transplants including stem cell, solid organ and bone marrow
- TMJ surgery and appliances
- Vagus nerve stimulation

This list of medical services is not all inclusive. The most up-to-date medical services list requiring prior authorizations can be found on our website at [www.securityhealth.org/authorization](http://www.securityhealth.org/authorization). You can also call our Customer Service Department at 1-800-472-2363 to find out what medical services require prior authorization.

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### Durable Medical Equipment

For most durable medical equipment (DME), you will need to work with your provider to receive prior authorization from Northwood at 1-866-532-1344.

The most up-to-date eligible durable medical equipment list and supplies including enteral feeding can be found on our website at [www.securityhealth.org/DME](http://www.securityhealth.org/DME). You can also call our Customer Service Department at 1-800-472-2363 to find out what durable medical equipment is on the eligible list.

### High-end imaging / Radiation oncology

For all high-end imaging and radiation oncology services, including but not limited to, CT scans, PET scans, MRAs and MRIs, you will need to work with your provider to receive prior authorization from eviCore healthcare.

#### For high-end imaging

[www.evicore.com](http://www.evicore.com)

Phone 1-888-693-3211

Fax an eviCore request form (available online) to 1-888-693-3210

#### For radiation oncology

[www.carecorenational.com](http://www.carecorenational.com)

Phone 1-888-444-6185

Fax: 1-888-693-3210

### Skilled Nursing Facility Services

For the skilled nursing facility services listed below, you will need to work with your provider to notify:

#### NaviHealth @ 1-855-512-7002 (Fax: 1-855-847-7243)

- Acute rehabilitation admission
- Skilled nursing facilities admission

#### Security Health Plan @ 1-800-991-8109 (Fax: 1-715-221-6616)

- Long Term Acute Care (LTAC) admission

### Medical Benefit Drugs

Medical benefit drugs may require prior authorization. The most up-to-date medical benefit drug list can be found on our website at [www.securityhealth.org/SpecialtyRx](http://www.securityhealth.org/SpecialtyRx). Medical benefit drugs may be added or removed from this list quarterly on a calendar year basis. You can also call our Customer Service Department at 1-800-472-2363 to find out what medical benefit drugs require prior authorization. For medical benefit drug prior authorization, you will need to work with your provider to notify Magellan at 1-800-424-8243.

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**Home infusions**

Home infusion drugs may require prior authorization. The most up-to-date Home infusion drug list can be found on our website at [www.securityhealth.org/homeinfusion](http://www.securityhealth.org/homeinfusion). Home infusion drugs may be added or removed from this list quarterly on a calendar year basis. You can also call our Customer Service Department at 1-800-472-2363 to find out what medical benefit drugs require prior authorization for home infusion.

**Notice of Nondiscrimination**

Security Health Plan of Wisconsin, Inc., complies with applicable federal civil rights laws and does not discriminate, exclude or treat people differently on the basis of race, color, national origin, religion, disability, age, sex, gender identity, sexual orientation, health status, marital status, arrest or conviction record or military participation in the administration of the plan, including enrollment and benefit determinations.

**Limited English Proficiency Language Services**

**ATTENTION:** If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-800-472-2363 (TTY 711).

**ATENCIÓN:** Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-472-2363 (TTY 711).

**LUS CEEV:** Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-472-2363 (TTY 711).

**If you require materials in large print, please call 1-800-472-2363 (TTY 711).**