## FREE E-VISITS

Seek care and receive a prescription for common health concerns from your computer.

## Monday-Sunday: 6 am-10 pm

(You can expect a response within two hours.)

E-Visits make it E-Z to get help for simple things like colds, flu and allergies. An E-Visit is a questionnaire you fill out and submit online through your MyBellinHealth account. The cost of an E-Visit is FREE for employees and family members on the health plan.

- Allergies (if at least 6 years old)
- Urinary Tract Infection (females only)
- Pink Eye (if at least 2 years old)
- Sinus/Cold Symptoms (*if at least 6 years old*)
- Vaginal Yeast Infection (if at least 18 years old)
- Stomach Flu/Diarrhea (if at least 10 years old)

## **TO BEGIN AN E-VISIT:**

- Diaper Rash (at least 6 months old)
- Head Lice
- Acne (10 to 65 years old)
- Influenza (if at least 16 years old)
- Rash
- Annual CPAP Follow Up (established sleep clinic patients only)
- 1. Go to **Mybellin.org** and login with your Username and Password. If you do not have an account, select the "No Access Code? Register Now" button on the homepage and go through the activations steps.
- 2. Once you are logged in, from the "Visits" menu on the top of the page, select "Begin an E-Visit."
- 3. Accept the Terms and Conditions of Use.
- 4. From the Reason for Visit screen,
  - Select the reason for your E-Visit
  - Choose the recipient. (This may be your primary care provider or the generic "provider, E-Visit.")
  - Select the pharmacy you wish to use.
  - Select Continue.
- 5. Follow the verification screen prompts and select "Continue."
- 6. The next screen will ask you to verify you are in the correct chart for the person you are requesting the E-Visit. For example, if you are a parent requesting an E-Visit for your child, you should be in the record of your child.
- 7. Then select "Yes" to the question "Do you have an employer clinic code?" Then enter your code of ECOCNFLLSDO1. IMPORTANT: You MUST enter this code to ensure that you will not be charged for this visit.
- 8. Verify which state you are in and then continue to answer the questions regarding your condition. Once you have submitted the E-Visit, you should receive an answer within 2 hours of submission. You will receive an email stating that you have a new MyBellinHealth message when the provider has completed your E-Visit.

## **QUESTIONS?**

For questions regarding MyBellinHealth, please call MyBellinHealth Help desk available 24/7 at **888.899.9114**.





For more information visit bellin.org/virtualvisits

bellin.org