



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to [www.medica.com](http://www.medica.com) or by calling 952-945-8000 (Minneapolis/St. Paul Metro area) or 1-800-952-3455. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform) or [www.cciio.cms.gov](http://www.cciio.cms.gov) or call Medica at the numbers above to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	<b>\$3,000</b> per person/ <b>\$6,000</b> per family <a href="#">in-network</a> and <b>\$6,500</b> per person/ <b>\$13,000</b> per family for <a href="#">out-of-network</a> services.	Generally, you must pay all of the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .
Are there services covered before you meet your deductible?	<b>Yes.</b> <a href="#">Preventive</a> care, <a href="#">preventive</a> prescriptions and prenatal care from <a href="#">in-network providers</a> .	This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive</a> services without <a href="#">cost-sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive</a> services at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits">https://www.healthcare.gov/coverage/preventive-care-benefits</a> .
Are there other deductibles for specific services?	<b>No</b>	You don't have to meet <a href="#">deductibles</a> for specific services.
What is the out-of-pocket limit for this plan?	<b>\$6,000</b> per person/ <b>\$12,000</b> per family <a href="#">in-network</a> . <b>\$12,000</b> per person/ <b>\$24,000</b> per family for <a href="#">out-of-network</a> services.	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.
What is not included in the out-of-pocket limit?	<a href="#">Premiums</a> , <a href="#">balance-billing</a> charges, and health care this <a href="#">plan</a> doesn't cover.	Even though you pay these expenses, they don't count towards the <a href="#">out-of-pocket limit</a> .
Will you pay less if you use a network provider?	<b>Yes.</b> See <a href="http://www.medica.com">www.medica.com</a> or call 1-800-952-3455 or 711 (TTY users) for a list of Medica Choice with UnitedHealthcare <a href="#">network providers</a> .	This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the <a href="#">plan's network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's</a> charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.
Do you need a referral to see a specialist?	<b>No.</b> You don't need a <a href="#">referral</a> to see a <a href="#">specialist</a> .	You can see the <a href="#">specialist</a> you choose without a <a href="#">referral</a> .



All [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions & Other Important Information
		Network Provider (You will pay the least)	Out-of-network (You will pay the most)	
If you visit a health care <a href="#">provider's</a> office or clinic	Primary care visit to treat an injury or illness	<b>Primary care:</b> 20% <a href="#">coinsurance</a> <b>Chiropractic:</b> 20% <a href="#">coinsurance</a> <b>Convenience:</b> 20% <a href="#">coinsurance</a>	<b>Primary:</b> 50% <a href="#">coinsurance</a> <b>Chiropractic:</b> 50% <a href="#">coinsurance</a> <b>Convenience:</b> 50% <a href="#">coinsurance</a>	Limited to 15 visits per member, per year for <a href="#">out-of-network</a> chiropractic care.
	<a href="#">Specialist</a> visit	20% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	---none---
	<a href="#">Preventive</a> care/ screening/ immunization	No charge. <a href="#">Deductible</a> does not apply.	50% <a href="#">coinsurance</a>	You may have to pay for services that aren't <a href="#">preventive</a> . Ask your <a href="#">provider</a> if the services needed are <a href="#">preventive</a> . Then check what your <a href="#">plan</a> will pay for. Routine physicals and eye exams are not covered <a href="#">out-of-network</a> .
If you have a test	<a href="#">Diagnostic test</a> (x-ray, blood work)	<b>Lab:</b> 20% <a href="#">coinsurance</a> <b>X-ray:</b> 20% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	---none---
	Imaging (CT/PET scans, MRIs)	20% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	---none---
If you need drugs to treat your illness or condition  More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.medica.com/drugcost2">www.medica.com/drugcost2</a>	Generic drugs	<b>Retail:</b> 20% <a href="#">coinsurance</a> <b>Mail order:</b> 20% <a href="#">coinsurance</a> <b>Preventive:</b> No charge. <a href="#">Deductible</a> does not apply.	50% <a href="#">coinsurance</a>	Up to a 31-day supply/ retail or 93-day supply/ mail order prescription. Mail order drugs not covered <a href="#">out-of-network</a> .
	Preferred brand drugs	<b>Retail:</b> 20% <a href="#">coinsurance</a> <b>Mail order:</b> 20% <a href="#">coinsurance</a> <b>Preventive:</b> No charge. <a href="#">Deductible</a> does not apply.	50% <a href="#">coinsurance</a>	
	Non-preferred brand drugs	<b>Retail:</b> 40% <a href="#">coinsurance</a> <b>Mail order:</b> 40% <a href="#">coinsurance</a> <b>Preventive:</b> Benefit does not apply.	50% <a href="#">coinsurance</a>	
	<a href="#">Specialty drugs</a>	<b>Preferred:</b> 20% <a href="#">coinsurance</a> No more than \$200 <a href="#">copay</a> / prescription. <b>Non-Preferred:</b> 40% <a href="#">coinsurance</a>	Not covered	Up to a 31-day supply per prescription received from a designated <a href="#">specialty</a> pharmacy.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions & Other Important Information
		Network Provider (You will pay the least)	Out-of-network (You will pay the most)	
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	20% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	---none---
	Physician/surgeon fees	20% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	---none---
<b>If you need immediate medical attention</b>	<a href="#">Emergency room care</a>	20% <a href="#">coinsurance</a>	Covered as an <a href="#">in-network</a> benefit.	---none---
	<a href="#">Emergency medical transportation</a>	20% <a href="#">coinsurance</a>	Covered as an <a href="#">in-network</a> benefit.	---none---
	<a href="#">Urgent care</a>	20% <a href="#">coinsurance</a>	Covered as an <a href="#">in-network</a> benefit.	---none---
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	20% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	---none---
	Physician/surgeon fees	20% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	---none---
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	20% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	---none---
	Inpatient services	20% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	---none---
<b>If you are pregnant</b>	Office visits	<b>Prenatal care:</b> No charge. <a href="#">Deductible</a> does not apply. <b>Postnatal care:</b> 20% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)
	Childbirth/delivery professional services	20% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	---none---
	Childbirth/delivery facility services	20% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	---none---

Common Medical Event	Services You May Need	What You Will Pay Network Provider (You will pay the least)    Out-of-network (You will pay the most)		Limitations, Exceptions & Other Important Information
<b>If you need help recovering or have other special health needs</b>	<a href="#">Home health care</a>	20% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	Limited to 40 visits per member per year in and <a href="#">out-of-network</a> combined.
	<a href="#">Rehabilitation services</a>	20% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	Physical and occupational therapy combined limited to 20 visits <a href="#">out-of-network</a> per member per year. <a href="#">Out-of-network</a> speech therapy is limited to 20 visits per member per year.
	<a href="#">Habilitation services</a>	20% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	Physical and occupational therapy combined limited to 20 visits <a href="#">out-of-network</a> per member per year. <a href="#">Out-of-network</a> speech therapy is limited to 20 visits per member per year.
	<a href="#">Skilled nursing care</a>	20% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	120 day limit combined in and <a href="#">out-of-network</a> per member per year.
	<a href="#">Durable medical equipment</a>	20% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	---none---
	<a href="#">Hospice services</a>	20% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	---none---
<b>If your child needs dental or eye care</b>	Children's eye exam	No charge. <a href="#">Deductible</a> does not apply.	Not covered	---none---
	Children's glasses	Not covered	Not covered	Glasses are not covered by the <a href="#">plan</a> .
	Children's dental check-up	Not covered	Not covered	Dental check-ups are not covered by the <a href="#">plan</a> .

**Excluded Services & Other Covered Services:**

**Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of other [excluded services](#).)**

- |   |  |  |
|---|--|--|
| <ul style="list-style-type: none"> <li>● Acupuncture exceeding 15 visits per member per year for <a href="#">in-network</a> and <a href="#">out-of-network</a> acupuncture services combined</li> <li>● Bariatric Surgery</li> <li>● Chiropractic care exceeding 15 visits per member per year for <a href="#">out-of-network</a> chiropractic care.</li> <li>● Cosmetic Surgery</li> </ul> | <ul style="list-style-type: none"> <li>● Dental Care (Adult)</li> <li>● Dental check-up</li> <li>● Glasses</li> <li>● Hearing aids and cochlear implants except for members 17 years of age and younger who are certified as deaf or hearing impaired if prescribed by a physician or licensed audiologist; coverage is limited to one hearing aid every three years.</li> </ul> | <ul style="list-style-type: none"> <li>● Infertility treatment</li> <li>● Long Term Care</li> <li>● Private-duty nursing</li> <li>● Routine foot care except for specified conditions</li> <li>● Weight Loss programs</li> </ul> |
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**Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)**

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|--|--|
| <ul style="list-style-type: none"> <li>● Non-emergency care when traveling outside the U.S.</li> </ul> | <ul style="list-style-type: none"> <li>● Routine eye care (Adult)</li> </ul> |
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### Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: for group health coverage subject to ERISA, Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform); for all other group health coverage, Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

### Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the [explanation of benefits](#) you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: for group health coverage subject to ERISA, Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform); for all other group health coverage you may also contact Medica at 1-800-952-3455 or the Wisconsin Office of Commissioner of Insurance at (608) 266-3585 or 1-800-236-8517.

### Does this Plan Provide Minimum Essential Coverage? Yes

If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this Plan Meet the Minimum Value Standard? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium](#) tax credit to help you pay for a [plan](#) through the [Marketplace](#).

For assistance, call the number included in this document or on the back of your ID card.

Dine k'ehji shich'i' hadoodzih ninizingo, beesh bee hane'e binumber naaltsoos bikaahigii bich'i' hodiilnih ei doodaii bee neehozin biniiye nanitinigii bine'dee bikaa doo aldo'.

若需要中文协助，请拨打本文件内或您会员卡背面的电话号码。

Para sa tulong sa Tagalog, tawagan ang numerong kabilang sa dokumentong ito o sa likod ng iyong ID card.

Para obtener asistencia en español, llame al número de teléfono que se incluye en este documento o al dorso de su tarjeta de identificación.

----- To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section. -----

**About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing amounts](#) ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

**Peg is Having a Baby**  
(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#): \$3,000
- [Specialist coinsurance](#): 20%
- [Hospital \(facility\) coinsurance](#): 20%
- [Other coinsurance](#): 20%

**This EXAMPLE event includes services like:**  
[Specialist](#) office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
[Specialist](#) visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,800</b>
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**In this example, Peg would pay:**

<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$3,000
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$1,500
<i>What isn't covered</i>	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$4,560</b>

**Managing Joe's type 2 Diabetes**  
(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#): \$3,000
- [Specialist coinsurance](#): 20%
- [Hospital \(facility\) coinsurance](#): 20%
- [Other coinsurance](#): 20%

**This EXAMPLE event includes services like:**  
 Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
[Durable medical equipment](#) (*glucose meter*)

<b>Total Example Cost</b>	<b>\$7,400</b>
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**In this example, Joe would pay:**

<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$3,000
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$800
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Joe would pay is</b>	<b>\$3,800</b>

**Mia's Simple fracture**  
(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#): \$3,000
- [Specialist coinsurance](#): 20%
- [Hospital \(facility\) coinsurance](#): 20%
- [Other coinsurance](#): 20%

**This EXAMPLE event includes services like:**  
[Emergency room care](#) (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
[Durable medical equipment](#) (*crutches*)  
[Rehabilitation services](#) (*physical therapy*)

<b>Total Example Cost</b>	<b>\$1,900</b>
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**In this example, Mia would pay:**

<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$1,900
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$1,900</b>

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.