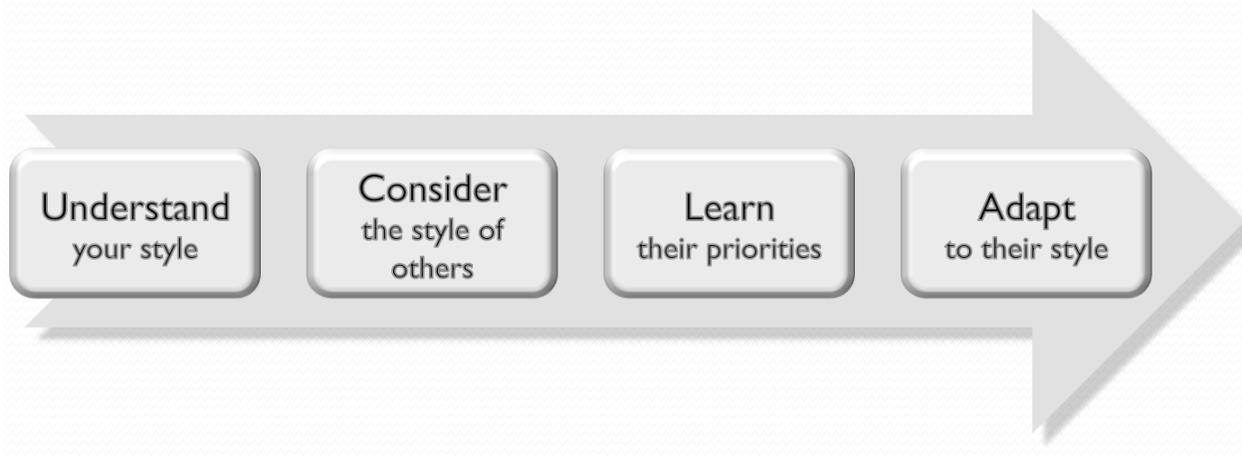


5. Think about what it would be like to work with someone from each of the different personal styles. Which preferences would be difficult for you and which would work best for you?

	What's difficult for me:	What works for me:

6. Use the DiSC map and remember the Platinum Rule, “Do unto others as they’d like done unto them.”



7. Think of someone you’d like to connect with better. What is their style? What are their preferences? How could you adapt to their style?

8. What 2-3 take-aways do you want to remember from this program?

9. Remember the saying, “*Just because you’re right, doesn’t mean I’m wrong. We just see things from a different perspective.*”

Positivity Resources

- My favorite books and websites at ThePositiveEdge.net/resources
- My short positivity tips at ThePositiveEdge.net/blog
- My YouTube channel at YouTube.com/c/ThePositiveEdgeOrg

Meet Tina

Tina Hallis, Ph.D. is a professional speaker, trainer, and author. She is certified in Positive Psychology through the WholeBeing Institute, an Authorized Partner for Everything DiSC®, and a Professional Member of the National Speakers Association. She is the author of *Sharpen Your Positive Edge: Shifting Your Thoughts for More Positivity & Success*.

Tina worked for 20+ years in Biotechnology at small start-up companies and large corporations. In 2011 she discovered a new science called Positive Psychology that focuses on how all of us can live our best, most meaningful lives. Seeing the powerful impact this information has on improving people and organizations, she decided to create her own company, The Positive Edge. Her focus is to share insights and strategies that make work more enjoyable and help organizations become more successful.

Examples of Tina's Other Topics

- Creating a More Positive Workplace
- Sharpening Your Positive Edge: Shifting Your Thoughts for More Positivity & Success
- Finding Balance in Uncertainty: Staying Resilient During Times of Change & Chaos
- Winning the Mind Game of Sales I: Improving Optimism to Minimize Stress & Maximize Results